

# AMYBETH LAROCHÉ

---

## STATE SENATE

Amybeth LaRoche: A Bold Vision for Connecticut's 28th Senate District

Amybeth LaRoche is a dedicated patriot, devoted mother, author, public speaker, and experienced government contracting professional committed to rebuilding Connecticut with real solutions. Known for tackling tough challenges, uncovering inefficiencies, and driving transparency, she refuses to accept the status quo. For Amybeth, this is not about political games—it's about results, integrity, and putting people over politics. No excuses. Just action.

A proud American from a deep-rooted military family, Amybeth lives by the values of service, sacrifice, and accountability. She has spent her life standing up for what's right—whether in the community, in boardrooms, or in the halls of government. Her mission is simple: fight for the hardworking families of the 28th Senate District, restore fiscal responsibility, and ensure every voice is heard.

Amybeth has managed over \$7 billion in Department of Defense contracts, negotiated complex agreements, and uncovered waste and inefficiencies in both federal and corporate budgets. Known for her roll-up-her-sleeves approach, she digs deep into data, logistics, and financials to solve problems others dismiss as “too difficult.”

Amybeth understands that families are stretched, businesses are leaving, and trust in government is at an all-time low. She is committed to restoring fiscal discipline, promoting smart investments, and making sure every tax dollar is put to work for the people—not wasted in bureaucracy.

Amybeth stepped into the public arena because she was tired of seeing nothing change. She rejects the defeatist mindset of “Why bother?” and instead brings a relentless drive to get results. Success isn't about soundbites or photo ops—it's about doing the hard work to rebuild our communities from the ground up.